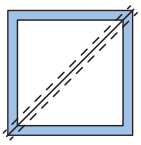
Make 4 Flying Geese Units from 2 Squares

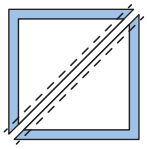
What size do you want your finished Flying Geese Unit to be?
The formula: Width of finished FGU + 1½″ = size of Goose square.
Size of Goose square + 1″ = size of Sky square.
This example is based on a finished FGU that is 4″ wide by 2″ high.
4″ + 1½″ = 5½″. Cut the goose square (gray) 5½″ × 5½″.
5½″ + 1″ = 6½″. Cut the sky square (charcoal) 6½″ × 6½″.
Follow steps 1-10 below to sew your 2 squares into 4 Flying Geese.

Finished Long side FGU	Small Goose square	Large Sky square
1″	2½″	3½″
1½″	3″	4″
2″	3½″	4½″
2½″	4″	5″
3″	4½″	5½″
3½″	5″	6″
4″	5½″	6½″
4½″	6″	7″
5″	6½″	7½″
5½″	7″	8″
6″	7½″	8½″
6½″	8″	9″
7″	8½″	9½″
7½″	9″	10″
8″	9½″	10½″
8½″	10″	11″

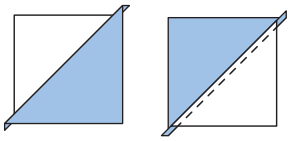
1. Center the two squares, RST. Draw a diagonal line and stitch ¼″ away on both sides.



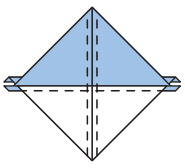
2. Cut apart on the drawn line.



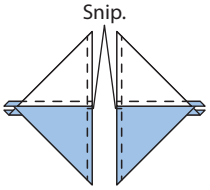
3. Press towards the sky fabric.



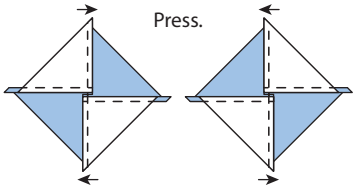
4. Place units RST with opposite corners facing. Align raw edges all around. Do Not Nest the Diagonal Seams! Draw a centered diagonal line perpendicular to the previous stitching lines and stitch ¼″ away on both sides.



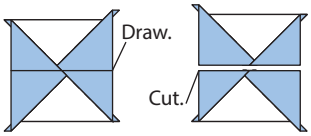
5. Cut apart on the drawn line. Snip seam allowances to stitching line at halfway point.



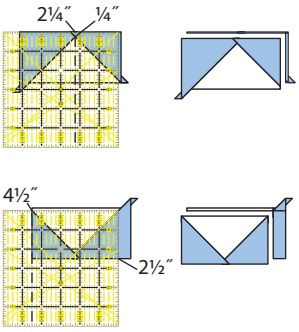
6. Press open, pressing all seams toward sky fabric, going in opposite directions at central snip.



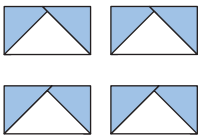
7. Draw a line through the center of the sub-units. Cut apart on the drawn line.



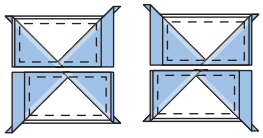
8. Using the finished width as a guide, divide that number in half and add ¼″. This is the center point for trimming. In our 2″ × 4″ example, that number is 2¼″. Find the 2¼″ vertical line of the ruler. Align the 2¼″ vertical line of the ruler through the apex of the "goose." Align the ¼″ horizontal line of the ruler at the apex of the "goose" as well. Maintaining alignment, trim the right and top sides of the FGU along the outer edges of the ruler. Rotate "goose" 180°. Align the 4½″ vertical line of the ruler along left side of the FGU. Align the 2½″ horizontal line of the ruler along the bottom of the FGU. Maintaining alignment, trim the right and top sides of the FGU along the outer edges of the ruler. Repeat for all sub-units.



9. Voila.



TIPS:
For Step 8, if you have a Bloc-Loc FGU trimmer for the size FGU you need, by all means, use that. Though they can be pricy, I can't recommend this tool highly enough.



In addition, if you have a turntable, it will be enormously helpful when trimming around all four sides of the FGUs, as well as for all other trimming tasks.

© 2019 Mary E. Flynn